

# Colorado Rehabilitation & Occupational Medicine, LLC



Trusted Physicians . . . Neuromusculoskeletal Specialists

**Mary Mlot**

Marketing Manager

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830 Potomac Circle, Suite 290 • Aurora, CO 80011

Phone: 303-432-8706 • Pager: 303-206-0013

[www.ColoradoRehab.com](http://www.ColoradoRehab.com)

# Colorado Rehabilitation & Occupational Medicine, LLC



**Trusted Physicians . . . Neuromusculoskeletal Specialists**

## **Usama Ghazi, DO**

Physical Medicine & Rehabilitation

830 Potomac Circle  
Suite 290  
Aurora, CO 80011  
(303) 341-0722  
Fax: (303) 341-0832

2480 W. 26th Ave.  
Bldg B, Suite 90  
Denver, CO 80211  
(303) 572-8780  
Fax: (303) 572-8784  
[www.ColoradoRehab.com](http://www.ColoradoRehab.com)

9351 Grant St.  
Suite 100  
Thornton, CO 80229  
(303) 280-3893  
Fax: (303) 280-3908

## Key Points

- The Quantitative Sudomotor Axon Reflex Test is developed from over 10 years of research, much of it at the Rochester, Minnesota Mayo Clinic. A QSART protocol has been found to have a specificity of 96% (Chemlisky et al; Value of Autonomic Testing in Reflex Sympathetic Dystrophy; *Mayo Clinic Proceedings* Vol. 70 Pg. 1029, Nov., 1995).
- For additional references, please go to [ColoradoRehab.com](http://ColoradoRehab.com).
- Multiple objective measurements for more accurate diagnosis.
- Timely, complete and thorough documentation for referring physicians, insurance companies, and employers. Cumulative impact of QSART test and evaluation is to provide quality insight to referring physician and patients.

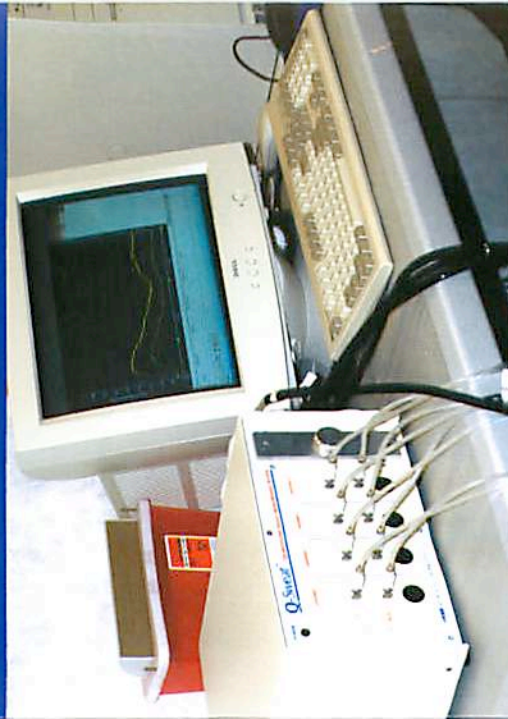


## Colorado Rehabilitation & Occupational Medicine, LLC

830 Potomac Circle, Suite 290  
Aurora, CO 80011

We value your confidence in our practice and want to provide background information on **The Quantitative Sudomotor Axon Reflex Test (QSART).**

George V. Schakaraschwili, M.D.  
J. Tashof Bernton, M.D.  
Co-Medical Directors  
Sympathetic Assessment Laboratory at Colorado  
Rehabilitation and Occupational Medicine (CROM).



This information is provided as a courtesy by the physicians and staff of Colorado Rehabilitation and Occupational Medicine, LLC (CROM).

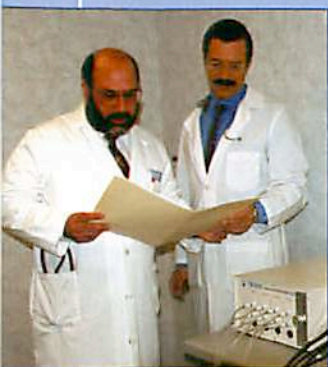
**Colorado Rehabilitation & Occupational Medicine, LLC**

"To maximize our patients' function through outstanding medical care"  
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## Summary Referral Information

- The Quantitative Sudomotor Axon Reflex Test (QSART) (Mayo Clinic Protocol) is currently performed in Colorado only at Colorado Rehabilitation and Occupational Medicine, LLC.
- Doctor Bernton and Doctor Schakaraschwili have attended additional post-graduate seminar training in autonomic nervous system assessment at the Mayo Clinic in Rochester and have further training on the testing equipment itself.
- Two appointments are required. The first is an initial consultation 7 or more days before the test to review medical records, perform a clinical evaluation and (if necessary) change medications in consultation with the treating physician. The second appointment is for the Laboratory Autonomic Evaluation.
  - The initial consult can be performed by either Dr. Bernton or Dr. Schakaraschwili at the CROM-Aurora office.
  - All laboratory evaluations are performed at the CROM Sympathetic Assessment Laboratory at the CROM-Aurora Office.
- No medications affecting sweating or skin temperature may be taken for at least a week prior to the test. No hot or cold drinks may be taken for one hour before the test.
- Laboratory testing includes the Reflex Dystrophy Computerized Evaluation, which consists of Quantitative Thermographic Gradient Assessment, Resting Sweat Output Assessment, Quantitative Stimulated Sudomotor Assessment, Computerized Analysis, and Physician Report.
- Please obtain authorization for the initial consultation.
- CROM will perform all necessary preauthorization for the testing itself after the referral is received.
- **APPOINTMENTS CAN BE MADE BY CALLING 720-858-6465.**



## Benefits and Goals of the QSART Test and Consultation

- The goal of the evaluation and associated physician consultation is to determine whether or not the patient has reflex sympathetic dystrophy (Complex Regional Pain Syndrome) based upon the best currently available objective scientific criteria, and integration of laboratory results with clinical findings. Specific clinical recommendations will be provided to the referring physician, if requested.
- The physician will review the patient's current medications, and if necessary make appropriate changes in the medication regimen (in consultation with the patient's treating physician) to ensure that medications do not interfere with the QSART evaluation. Some medications such as tricyclics require a long period of time before the sweating and temperature functions return to normal, thus the initial consultation is scheduled at least 7 days prior to the QSART test.
- The test is non-invasive and does not require sedation. This represents a substantial advance over the risks inherent in sympathetic blockade, and the associated sedation which requires at least 24 hours before the patient can return to full activity.
- The advantage of QSART includes diagnostics at approximately half the cost of alternative methods, increased specificity, decreased risk to the patient, and the provision of an objective computerized evaluation based upon extensive peer reviewed research rather than the previous diagnostic approach (trial of sympathetic blockade) which relies heavily on the patient's subjective assessment of the effectiveness of the sympathetic block.



## Work Up, Narrative Reports, Costs

- The physician specialist can complete any necessary work up prior to the evaluation. For example, most patients with limb pain will require an EMG/NCV study if not previously performed. This is necessary to evaluate for nerve entrapment (which can differentiate CRPS Type I from CRPS Type II and affect treatment recommendations), to rule out neuropathy (which can affect the sweat test results and the temperature evaluation) and to evaluate for alternative treatable causes of the patients symptoms. If an EMG/NCV has not been performed and is required, this can generally be performed during the initial consultation.
- After the evaluation, a clinical narrative report is prepared in which the results of the clinical evaluation and medical record review are integrated with the Reflex Dystrophy Computerized Autonomic Evaluation. This report also gives a final assessment of whether the patient has reflex sympathetic dystrophy. Also, if the patient does have reflex dystrophy, specifics of the evaluation result predict the patient's likelihood of response to specific therapies (e.g. sympathetic blockade). The clinical narrative report also formulates specific treatment recommendations, if requested.
- The Reflex Dystrophy Autonomic Evaluation cost is less than the cost of diagnosis by a trial of therapeutic sympathetic block and a bone scan.
- If an EMG/NCV is indicated, this will be discussed with the referring clinician.





# Colorado Rehabilitation & Occupational Medicine, PLLC



Trusted Physicians . . . Neuromusculoskeletal Specialists  
303-685-CROM (2766) • 866-300-7326  
www.ColoradoRehab.com

November 2, 2009

Britton Morrell Esq  
Sawaya Rose & Kaplan PC  
1600 Ogden Street  
Denver, CO 80218

NOV 10 2009

Greetings:

Thank you for participating in the Colorado Bar Association's Annual Fall Workers' Compensation Seminar on October 28, 2009. Colorado Rehabilitation and Occupational Medicine, PLLC (CROM) was pleased to be a sponsor and Dr. Usama Ghazi was honored to present "Knee Pathology 101." For your convenience we have included information about CROM physicians, locations and specialty services they provide.

Founded in 1992, CROM physicians have been a valuable resource for Independent Medical Examinations (IMEs) to individuals with musculoskeletal, neurological and orthopedic conditions or delayed recovery syndrome.

CROM physicians have extensive experience providing quality medical examinations. Each CROM physician is Board-Certified in his/her area of specialty (Physical Medicine and Rehabilitation, Internal Medicine/Occupational Medicine, Pain Medicine, Electrodiagnostic Medicine) and is an active, practicing physician dedicated to providing outstanding medical care. The CROM physicians offer expertise in the following areas:

- Causality
- Spine Injuries
- Extremity Injuries (Ankles, Feet, Knees, Shoulders, Wrists, Hands)
- Musculoskeletal Disorders
- Brain Injury and Post-Concussive Syndrome
- Complex Regional Pain Syndrome (CRPS) / Reflex Sympathetic Dystrophy (RSD)
- Delayed Recovery
- Maximum Medical Improvement/Maximum Therapeutic Benefit

Upon completion of an objective examination and careful review of medical records, you can expect a timely, professional report from our physicians. CROM physicians have extensive experience in forensic examinations and in supporting their findings with appropriate expert testimony.

We are fully prepared to meet Rule 8 requirements for audiotaping of Respondent IMEs. Please feel free to call Melanie Voiles at (720) 858-6450 Mary Mlot at (303) 432-8706 with any questions or if you would like more information about CROM.

CROM physicians have offices through the Front Range and satellite locations in Colorado Springs, Durango, Grand Junction, La Junta and Pueblo). To schedule an IME or other appointment with a CROM physician, please call our scheduling department at (303) 685-2766 or 1-866-300-7326.

Sincerely,

Melanie Voiles  
Assistant to Dr. Tashof Bernton  
Medical Scheduling Liaison  
(720) 858-6450

  
Mary Mlot  
Marketing Manager

(303) 432-8706

# Colorado Rehabilitation & Occupational Medicine, PLLC



## Independent Medical Examinations

The physicians of Colorado Rehabilitation and Occupational Medicine (CROM) have extensive experience providing quality medical examinations. We understand the importance of having credible experts perform the examination and write the report. Each CROM physician is board-certified in his or her area of specialty (Physical Medicine and Rehabilitation, Internal Medicine/Occupational Medicine, Pain Medicine, Electrodiagnostic Medicine) and is an active, practicing physician.

Founded in 1992, CROM has 12 physicians with offices conveniently located in metro Denver (Aurora, Denver, Englewood, Greenwood Village, Littleton and Thornton) and Northern Colorado (Fort Collins, Greeley, Longmont and Loveland) and satellite offices in Colorado Springs, Durango, Grand Junction, La Junta and Pueblo.

CROM physicians offer expertise in the following areas:

- Causality
- Spine Injuries
- Extremity Injuries (Ankles, Feet, Knees, Shoulders, Wrists, Hands)
- Musculoskeletal Disorders
- Brain Injury and Post-Concussive Syndrome
- Complex Regional Pain Syndrome (CRPS)
- Delayed Recovery
- Maximum Medical Improvement/Maximum Therapeutic Benefit

CROM physicians can perform IMEs for:

- Automobile accidents
- Occupational injuries
- Personal injuries
- Toxic exposure

What can you expect when you choose a CROM physician?

- Objective examination
- Expert reports
- Timely reports
- Quick and convenient scheduling

CROM physicians are also available to provide expertise in legal, administrative and legislative proceedings including trial testimony. Medical expert witness services include:

- Preliminary examination and report
- Depositions
- Trial testimony

**To schedule an IME with a CROM physician, please call (303) 685-2766 or 1-866-300-7326 outside of Metro Denver.**

[www.ColoradoRehab.com](http://www.ColoradoRehab.com)

## **CROM Physicians**

- **Mazin Al Tamimi, MD** – Board Certified Pain Management. Administrative Assistant, Jim Wilkins (720) 858-6436.
- **Roberta P. Anderson-Oeser, MD** – Board Certified in Physical Medicine and Rehabilitation. Administrative Assistant, Pam Perez (303) 280-3893.
- **J. Tashof Bernton, MD** – Board Certified in Internal Medicine and Occupational Medicine. Administrative Assistant, Melanie Voiles (720) 858-6450.
- **Gretchen L. Brunworth, MD** – Board Certified in Physical Medicine and Rehabilitation. Administrative Assistant, Heather Warne (720) 875-0551.
- **Jill A. Castro, MD** – Board Certified in Physical Medicine and Rehabilitation. Administrative Assistant, Stacey Koehler (303) 904-2607.
- **Usama H. Ghazi, DO** – Board Certified in Physical Medicine and Rehabilitation and Pain Management. Administrative Assistant, Karrie York (303) 572-8780.
- **Lawrence A. Lesnak, DO** – Board Certified in Physical Medicine and Rehabilitation. Administrative Assistant, Stacy Bertolin (303) 280-3893.
- **Barry A. Ogin, MD** – Board Certified in Physical Medicine and Rehabilitation and Pain Medicine. Administrative Assistant, Susan Davis (720) 858-6490.
- **Scott J. Primack, DO** – Board Certified in Physical Medicine and Rehabilitation and Electrodiagnostic Medicine. Administrative Assistant, Sylvia Romero (720) 875-0551.
- **David L. Reinhard, MD** – Board Certified in Physical Medicine and Rehabilitation. Administrative Assistant, Missy Caldwell (720) 858-6451.
- **George V. Schakaraschwili, MD** – Board Certified in Physical Medicine and Rehabilitation and Electrodiagnostic Medicine. Administrative Assistant, Pam Mirich (720) 858-6476.
- **Michael B. Tracy, DO** – Board Certified in Physical Medicine and Rehabilitation. Administrative Assistant, Pam Perez (303) 280-3893.

## **CROM Physician Assistants**

- **Stephanie Rutz, MS, PA-C** - Ashley Stroud, Administrative Assistant (303) 904-2607.
- **James Moran, PA-C**



# Colorado Rehabilitation & Occupational Medicine, PLLC

*Serving Metropolitan Denver since 1992.*

**Centralized Scheduling Department**  
**(303) 685-CROM (2766) Phone**  
**1-866-300-7326 toll free outside of Denver**  
**(720) 858-6427 Fax**

**www.ColoradoRehab.com**

		Musculoskeletal & Rehabilitation Patient Consultations	Electrodiagnostic Medicine (EMG's/NCV's)	Trigger Point Injections	Joint Injections	Lumbar Epidural Steroid Injections Lumbar Facet Blocks Selective Nerve Root Blocks SI Joint Injections Cervical and Thoracic Epidural Steroid Injections Cervical & Thoracic Facet Blocks Facet Rhizotomies	Pain Management Services (Opioid Compliance)	Functional Capacity Evaluation Interpretations	Impairment Ratings	Colorado Rehabilitation Outcomes System (CROS)	Independent Medical Examinations	Diagnostic Musculoskeletal Ultrasound	Extracorporeal Shock Wave Therapy * (ESWT)	Modalities Services	Reflex Dystrophy Autonomic Testing (QSART)	Brain Injury Rehabilitation	Botulinum (Botox) Toxin Injections	Medical Acupuncture	Spanish Speaking
<b>CROM-Aurora</b> (303) 341-0722																			
J. Tashof Berton, MD		X		X	X		X	X	X	X	X		X	X					X
Usama H. Ghazi, DO		X	X	X	X	X	X	X	X	X	X		X	X					
Barry A. Oglin, MD		X	X	X	X	X	X	X	X	X	X		X	X					
David L. Reinhard, MD		X	X	X	X		X	X	X	X	X		X	X			X		
George V. Schakarschwili, MD		X	X	X	X		X	X	X	X	X		X	X					X
Stephanie Terry, PA-C		X		X	X		X						X	X					
James Moran, PA-C		X		X	X		X						X	X					
<b>CROM-Denver</b> (303) 572-8780																			
Usama H. Ghazi, DO		X	X	X	X	X	X	X	X	X	X		X	X					
George V. Schakarschwili, MD		X	X	X	X		X	X	X	X	X		X	X					X
Jill A. Castro, MD		X	X	X	X		X	X	X	X	X		X	X					
<b>CROM-Greenwood Village / DTC</b> (720) 875-0551																			
Gretchen L. Brunworth, MD		X	X	X	X		X	X	X	X	X		X	X					X
Scott J. Pinnack, DO		X	X	X	X	X	X	X	X	X	X		X	X					X
Stephanie Terry, PA-C		X		X	X		X						X	X					
<b>CROM-Englewood</b> (303) 685-CROM (2766)																			
Barry A. Oglin, MD		X	X	X	X	X	X	X	X	X	X		X	X					X
Stephanie Terry, PA-C		X		X	X		X						X	X					
<b>CROM-Littleton</b> (303) 904-2607																			
Jill A. Castro, MD		X	X	X	X		X	X	X	X	X		X	X				X	
Stephanie Terry, PA-C		X		X	X		X						X	X					X
<b>CROM-Thornton</b> (303) 280-3893																			
Roberta P. Anderson-Oeser, MD		X	X	X	X	X	X	X	X	X	X		X	X					
Usama H. Ghazi, DO		X	X	X	X	X	X	X	X	X	X		X	X					
Lawrence A. Lesnak, DO		X	X	X	X	X	X	X	X	X	X		X	X					
Michael B. Tracy, DO		X	X	X	X	X	X	X	X	X	X		X	X					
Stephanie Terry, PA-C		X		X	X		X						X	X					X



# Colorado Rehabilitation & Occupational Medicine, PLLC

CLINICS	LOCATIONS	PHYSICIANS	PHYSICIAN ADMINISTRATIVE ASSISTANTS	OFFICE MANAGER
<b>AURORA</b>	Aurora Medical Pavilion 830 Potomac Circle, Suite 290 Aurora, CO 80011 Phone: 303-341-0722 Fax: 303-341-0832	<b>J. Tashof Bernton, MD</b> (Mon pm, Tues am, Thurs am & Fri am) <b>Usama H. Ghazi, DO</b> (Tues pm & every other Wed pm) <b>Barry A. Ogin, MD</b> (Mon pm, Tues, Wed am & Fri pm) <b>David L. Reinhard, MD</b> (Mon am, Tues, Wed, Thurs & Fri) <b>George V. Schakaraschwili, MD</b> (Mon, Wed, Thurs & Fri) <b>Stephanie Terry, MS, PA-C</b> (Fri) <b>James Moran, PA-C</b> (Wed, Thurs & Fri)	Melanie Voiles  Karrie York Susan Davis  Missy Caldwell  Pam Mirich  Ashley Stroud	Barbara Hernandez
<b>DENVER</b>	Diamond Hill Office Complex 2480 W 26 <sup>th</sup> Avenue, Building B, Suite 90 Denver, CO 80211 Phone: 303-572-8780 Fax 303-572-8784	<b>Jill A. Castro, MD</b> (Fri) <b>Usama H. Ghazi, DO</b> (Mon am & Thurs am) <b>George V. Schakaraschwili, MD</b> (Tues)	Stacey Kochler Karrie York Pam Mirich	Linda Willhite
<b>GREENWOOD VILLAGE</b>	Centrum Office Building 8200 E Belleview, Suite 380E Greenwood Village, CO 80111 Phone: 720-875-0551 Fax 720- 875-0556	<b>Gretchen L. Brunworth, MD</b> (Mon, Wed & Thurs) <b>Scott J. Primack, DO</b> (Tues am, Wed, & Thurs) <b>Stephanie Terry, MS, PA-C</b> (Mon am and Wed)	Heather Warne Sylvia Romero Ashley Stroud	Heather Warne
<b>ENGLEWOOD</b>	401 W Hampden Place, Suite 220 Englewood, CO 80110 Phone: 303-685-2766 Fax 720- 858-6427	<b>Barry A. Ogin, MD</b> (Thurs pm) <b>Stephanie Terry, MS, PA-C</b> (last Thurs pm of the month)	Susan Davis	
<b>LITTLETON</b>	Chanson Shopping Center 8246 W Bowles Avenue, Suite T Littleton, CO 80123 Phone: 303-904-2607 Fax 303-904-2712	<b>Jill A. Castro, MD</b> (Mon, Tues, Wed & Thurs) <b>Stephanie Terry, MS, PA-C</b> (every other Mon pm)	Stacey Koehler Ashley Stroud	Stacey Koehler
<b>THORNTON</b>	Horizon Terrace 9351 Grant Street, Suite 100 Thornton, CO 80229 Phone: 303-280-3893 Fax 303-280-3908	<b>Roberta Anderson-Oeser, MD</b> (Mon, Wed am, & Thurs) <b>Usama H. Ghazi, DO</b> (Fri am) <b>Lawrence A. Lesnak, DO</b> (Mon, Tues, Wed pm, Thurs pm & Fri am) <b>Michael B. Tracy, DO</b> (Mon & Wed) <b>Stephanie Terry, MS, PA-C</b> (Tues & Thurs except last Thurs pm of the month)	Pam Perez  Karrie York Stacy Bertolin  Pam Perez Ashley Stroud	Stacy Bertolin

**Bold** = Home office where charts are based.

Centralized Scheduling  
Phone: 303-685-CROM (2766) or 1-866-300-7326 toll free outside of Denver  
Fax: (720) 858-6427  
[www.ColoradoRehab.com](http://www.ColoradoRehab.com)

## Colorado Rehabilitation & Occupational Medicine, PLLC \* Northern Colorado Providers/Locations

### Dr. Michael Tracy

#### Locations:

Fort Collins/Thornton

#### Services:

- \*Musculoskeletal & Rehabilitation Patient Consultations
- \*EMG/NCV
- \*Trigger Point Injection
- \*Joint Injections
- \*Lumbar Epidural Steroid Injections
- \*Lumbar Facet Blocks
- \*Selective Nerve Blocks
- \*SI Joint Injections
- \*Pain Management Services
- \*Functional Capacity Evaluation Interpretations
- \*Impairment Rating
- \*Colorado Rehabilitation Outcomes System
- \*IME
- \*Extracorporeal Shock Wave Therapy (ESWT)

### Dr. Scott Primack

#### Locations:

Greenwood Village/Fort Collins

#### Services:

- \*Musculoskeletal & Rehabilitation Patient Consultations
- \*EMG/NCV
- \*Trigger Point Injection
- \*Joint Injections
- \*Lumbar Epidural Steroid Injections
- \*Lumbar Facet Blocks
- \*Selective Nerve Blocks
- \*SI Joint Injections
- \*Pain Management Services
- \*Functional Capacity Evaluation Interpretations
- \*Impairment Rating
- \*Colorado Rehabilitation Outcomes System
- \*IME
- \*Extracorporeal Shock Wave Therapy (ESWT)
- \*Diagnostic Musculoskeletal Ultrasound

### Dr. Roberta Anderson-Oeser

#### Locations:

Thornton/Longmont/Greeley

#### Services:

- \*Musculoskeletal & Rehabilitation Patient Consultations
- \*EMG/NCV
- \*Trigger Point Injection
- \*Joint Injections
- \*Lumbar Epidural Steroid Injections
- \*Lumbar Facet Blocks
- \*Selective Nerve Blocks
- \*SI Joint Injections
- \*Pain Management Services
- \*Functional Capacity Evaluation Interpretations
- \*Impairment Rating
- \*Colorado Rehabilitation Outcomes System
- \*IME
- \*Extracorporeal Shock Wave Therapy (ESWT)

### Dr. David Reinhard

#### Locations:

Aurora/Loveland

#### Services:

- \*Musculoskeletal & Rehabilitation Patient Consultations
- \*EMG/NCV
- \*Trigger Point Injection
- \*Joint Injections
- \*Pain Management Services
- \*Functional Capacity Evaluation Interpretations
- \*Impairment Rating
- \*Colorado Rehabilitation Outcomes System
- \*IME
- \*Extracorporeal Shock Wave Therapy (ESWT)
- \*Brain Injury Rehabilitation
- \*Botulinum (Botox) Toxin Injections

**[www.ColoradoRehab.com](http://www.ColoradoRehab.com)**

Centralized Scheduling Department: Phone 1-866-300-7326 / Fax 720-858-6427



# Colorado Rehabilitation & Occupational Medicine, PLLC

Trusted Physicians... Neuromusculoskeletal Specialists

## **CROM – Northern Colorado Injection Updates:**

### **Dr. Michael Tracy - Skyline Surgery Center**

SI Joint Injection

Transforaminal Epidural Steroid Injections (Lumbar)

Facet Block and Medial Branch Blocks (Lumbar)

Days: Thursday mornings

To schedule please contact Lisa Schauer – Tel: 970-221-1919 / Fax: 970-266-8117

### **Dr. Scott Primack – Orthopaedic Center of the Rockies**

SI Joint Injection

Transforaminal Epidural Steroid Injections (Lumbar)

Facet Block and Medial Branch Blocks (Lumbar)

Days: Monday afternoons

To schedule please contact Centralized Scheduled – Tel: 866-300-7326 or 303-685-2766 / Fax: 720-858-6427

### **Dr. Mazin Al Tamimi – Skyline Surgery Center**

Interlaminar Epidural Steroid Injections (Cervical, Thoracic, Lumbar, Caudal)

Transforaminal Epidural Steroid Injections (Cervical, Thoracic, Lumbar)

Facet Block and Medial Branch Block (Cervical, Thoracic, Lumbar)

Hardware Injection (Cervical, Thoracic, Lumbar)

Discogram (Cervical, Thoracic, Lumbar)

Nerve Block

Radio Frequency Ablation

Spinal Cord & Peripheral Nerve Stimulators

Days: Friday

To schedule please contact Centralized Scheduled – Tel: 866-300-7326 or 303-685-2766 / Fax: 720-858-6427

**Colorado Rehabilitation and Occupational Medicine (CROM) Travel Dates  
October, November, December 2009**

CROM physicians will travel\* to various locations throughout Colorado to provide evaluations/consultations, EMGs (Pueblo and LaJunta only) and IMEs\*\* for injured workers with musculoskeletal, neurological or delayed recovery syndromes. October, November, and December travel dates for CROM physicians as well as contact information for scheduling appointments are posted below. Please note that CROM is subleasing space at these locations.

<b>Physician</b>	<b>Travel Dates</b>	<b>Appt Scheduling</b>	<b>IME Scheduling</b>
<b>Dr. Tashof Bernton</b> Docs on Call 3150 N. 12th Street Grand Junction, CO 81501	10/15, 11/9, 12/22 <b>Grand Junction</b> (no EMGs this location)	Centralized Scheduling (303) 685-2766 (866) 300-7326	Melanie Voiles (720) 858-6450
<b>Dr. Jill Castro</b> Occ Med of SOCO 1300 Fortino Blvd., Suite C Pueblo CO 81008	10/9, 11/13, 12/11 <b>Pueblo</b> ***Please note new address effective 8/7/09****	Centralized Scheduling (303) 685-2766 (866) 300-7326	Stacey Koehler (303) 904-2607
<b>Dr. Tashof Bernton</b> Durango Orthopedic Associates, P.C. 1 Mercado Street, Suite 202 Durango, CO 81301	10/23, 11/20, 12/18 <b>Durango</b> (no EMGs this location)	Centralized Scheduling (303) 685-2766 (866) 300-7326	Melanie Voiles (720) 858-6450
<b>Dr. Barry Ogin</b> Arkansas Valley Family Practice 2317 San Juan Avenue La Junta, CO 81050	10/27, 12/8 <b>LaJunta</b>	Centralized Scheduling (303) 685-2766 (866) 300-7326	Susan Davis (720) 858-6490
<b>QSART Testing</b> Dr. George Schakaraschwili 2032 Lowe Street, Suite 101 Fort Collins, CO 80525	11/5 (Dec TBD) <b>Fort Collins</b>	Sara Zimmerman (720) 858-6465	Sara Zimmerman (720) 858-6465

*\*CROM reserves the right to cancel travel plans if scheduling criteria is not met within 5 business days of travel date - please contact physician administrative assistants for more details. CROM subleases space at these locations.*

*\*\*IMEs are scheduled through the physician administrative assistant.     -*



# Colorado Rehabilitation & Occupational Medicine, PLLC



*TRUSTED PHYSICIANS...  
NEUROMUSCULOSKELETAL SPECIALISTS*



## Meet the Physicians

[www.ColoradoRehab.com](http://www.ColoradoRehab.com)

303-685-CROM (2766)

1-866-300-7326 toll free outside the Denver metro area



# Colorado Rehabilitation & Occupational Medicine, PLLC

## The physicians of Colorado Rehabilitation and Occupational Medicine

(CROM) have a strong commitment to providing optimal treatment to patients who have pain from neuromusculoskeletal and orthopedic conditions resulting from work, sports or auto-related injuries. Our treatment philosophy emphasizes appropriate diagnostic evaluation and utilization of a goal-oriented team approach to maximize one's ability to perform activities of daily living and increase quality of life.

The presence and expertise of Board Certified Physical Medicine and Rehabilitation, Occupational Medicine, and Interventional Pain Management specialists underscores our practice commitment to clinical excellence. In addition to the evaluation and treatment of patients with neuromusculoskeletal and orthopedic conditions, CROM physicians can provide electrodiagnostic studies, diagnostic/therapeutic interventional spine injections, interventional neuromodulation techniques, acupuncture, diagnostic musculoskeletal ultrasound, Extracorporeal Shock Wave Therapy (ESWT), reflex dystrophy autonomic evaluations and functional capacity evaluation interpretations.

We take a whole person approach to patient care. We can design and tailor a rehabilitation program that best maximizes each patient's participation and enjoyment in activities associated with both work and leisure. This individualized approach has proven to be

cost effective in the overall care of neuromusculoskeletal injuries.

We respect the patient/primary care physician relationship and strive to keep all referral sources fully informed of patient progress.

CROM emphasizes commitment to quality improvement through the utilization of patient satisfaction surveys and injury specific functional outcome measures. To make an appointment with any of our physicians, please call our Central Scheduling Department at 303-685-CROM (2766) or 1-866-300-7326 toll free outside the Denver metro area.

## Physician Profiles

### Roberta P. Anderson-Oeser, M.D.

is a 1994 graduate of the University of Kansas School of Medicine. She completed her residency training in physical medicine and rehabilitation at Baylor College of Medicine in Houston, and received her board certification from the American Board of Physical Medicine and Rehabilitation. Her outpatient practice consists of the diagnosis and treatment of neuromusculoskeletal and orthopedic conditions, electrodiagnostic medicine and interventional lumbar spine injections. Dr. Oeser has Level II Full Accreditation from the Colorado Division of Workers' Compensation.



*Interests: skiing, hiking, weight lifting, spending time with her daughters, and wine enthusiast.*

**J. Tashof Bernton, M.D.** is a 1979 graduate of the University of Colorado School of Medicine, with subsequent internship and residency training in both internal medicine and occupational medicine. He received his board certification from the American Board



of Internal Medicine and the American Board of Preventive Medicine in Occupational Medicine. The primary focus of Dr. Bernton's practice is the diagnosis and treatment of musculoskeletal injuries including back, neck, and myofascial pain, as well as complex regional pain syndrome (reflex sympathetic dystrophy). Dr. Bernton has chaired several local task forces and has Level II Full Accreditation from the Colorado Division of Workers' Compensation. In addition, he performs autonomic assessments for the diagnosis of complex regional pain syndrome.

*Interests: scuba diving, skiing, horseback riding, watching his son and daughter's sports teams, Civil War history, and playing piano and harmonica.*

**Community involvement:** Allied Jewish Federation of Colorado and Denver Campus.



**Gretchen L. Brunworth, M.D.** is a 1989 graduate of the University of Colorado School of Medicine, with subsequent residency training at the Rehabilitation Institute of Chicago in physical medicine and rehabilitation. She received her board certification from the American Board of Physical Medicine and Rehabilitation. The primary focus of Dr. Brunworth's practice is the diagnosis and treatment of patients with neuromusculoskeletal and orthopedic conditions. She performs electrodiagnostic studies and extremity joint, bursa and tendon injections as well as trigger point injections. Dr. Brunworth has Level II Full Accreditation from the Colorado Division of Workers' Compensation.



**Interests and hobbies:** *hiking, mountain biking, rafting, volleyball, soccer, and her kids.*

**Jill A. Castro, M.D.** is a 1996 graduate of the University of Texas Medical Branch. She completed her residency training in physical medicine and rehabilitation at University of Texas/Baylor College of Medicine in Houston. Additionally, Dr. Castro completed a fellowship program in musculoskeletal medicine at Baylor. She received her board certification from the American Board of Physical Medicine and Rehabilitation. Dr. Castro's outpatient practice focuses on the diagnosis and treatment of neuro-



musculoskeletal and orthopedic conditions, as well as electrodiagnostic medicine and acupuncture for pain control. Dr. Castro has Level II Full Accreditation from the Colorado Division of Workers' Compensation.

**Interests:** *most outdoor activities and spending time with family.*

**Usama H. Ghazi, D.O.** is a graduate of the Midwestern College of Osteopathic Medicine and recipient of the class of 2000 Director's Award for outstanding clinical achievement in osteopathic medicine. He completed residency training in physical medicine and rehabilitation at UCLA/VAGLAHS (Los Angeles, CA), where he received the Rene Cailliet outstanding senior resident award and a certificate of commendation for outstanding teaching efforts from the UCLA School of Medicine. Dr. Ghazi completed fellowship training in Pain Management and served as a clinical instructor at the Stanford Interventional Spine Center (Stanford University Medical School Department of Orthopedics, Stanford, CA). He is board certified in both Physical Medicine and Rehabilitation (American Board of Physical Medicine and Rehabilitation) and Pain Medicine (American Board of Anesthesiology). Dr. Ghazi has Full Level II Accreditation from the Colorado Division of Workers' Compensation. The primary focus of Dr. Ghazi's outpatient practice is the diagnosis and treatment of individuals with neuromusculoskeletal and orthopedic conditions. He also performs electrodiagnostic studies,



osteopathic manipulation and interventional lumbar, thoracic and cervical pain procedures under fluoroscopy. Dr. Ghazi is Medical Director of the Interventional Pain Center at Spalding Rehabilitation Hospital in Aurora, CO.

**Interests:** *comedy/satire, playing guitar and listening to music.*

**Lawrence A. Lesnak, D.O.** is a 1990 graduate from the Philadelphia College of Osteopathic Medicine. He underwent subsequent residency training in general surgery and neurosurgery at Osteopathic Medical Center of Philadelphia. Additionally, he completed residency training in physical medicine and rehabilitation at the Hospital of the University of Pennsylvania. He received his board certification from the American Board of Physical Medicine and Rehabilitation. The primary focus of Dr. Lesnak's practice is the diagnosis and treatment of patients with neuromusculoskeletal and orthopedic conditions. He performs electrodiagnostic studies, extremity joint injections and interventional cervical, thoracic, lumbar spine and pelvic procedures. Dr. Lesnak has Level II Full Accreditation from the Colorado Division of Workers' Compensation.





# Colorado Rehabilitation & Occupational Medicine, PLLC



## Physicians

*Roberta P. Anderson-Oeser, M.D.*

*J. Tashof Bernton, M.D.*

*Gretchen L. Brunworth, M.D.*

*Jill A. Castro, M.D.*

*Usama H. Ghazi, D.O.*

*Lawrence A. Lesnak, D.O.*

*Barry A. Ogin, M.D.*

*Scott J. Primack, D.O.*

*David L. Reinhard, M.D.*

*Stephanie Rutz, MS, PA-C*

*George V. Schakaraschwilli, M.D.*

*Michael B. Tracy, D.O.*

## Office Hours & Appointments

Our offices are open from 8:30 a.m. to 5:00 p.m. Monday through Friday. If you are unable to keep your appointment, kindly give us 24 hours' notice by calling (303) 685-CROM (2766) or 1-866-300-7326 outside the Denver metro area so that you may be rescheduled for a more convenient time.

## Locations

An advantage of our current practice size and multiple locations is that we are able to accommodate the needs of our referral sources and our patients on a timely basis.

In addition to locations throughout metropolitan Denver and Northern Colorado, our physicians also travel throughout the state.

***For appointments, locations and information, call Centralized Scheduling at (303) 685-CROM (2766) or 1-866-300-7326 toll free outside the Denver metro area.***

## Mission Statement

*Our mission at Colorado Rehabilitation and Occupational Medicine is to maximize our patients' function through outstanding medical care.*

## Telephone Calls & Refills

Our office welcomes your calls concerning your treatment and care during regular business hours. The office staff is happy to handle routine questions. If you need to speak directly with your physician, please consider that he or she has commitments to patient schedules that sometimes make it difficult to return phone calls during regular office hours. Non-emergent calls generally will be returned after office hours or the following business day.

We recommend that all prescription refills be requested during regular office hours. It is the patient's responsibility to anticipate the need for medication refills; allow two working days for medication refill requests. Medications will not be refilled after business hours or on the weekend.

**www.ColoradoRehab.com**  
**303-685-CROM (2766)**

**1-866-300-7326 toll free outside the Denver metro area**



**Barry A. Ogin, M.D.** is a 1995 graduate of St. Louis University School of Medicine. He went on to complete physical medicine and rehabilitation residency training at Thomas Jefferson University Hospital in Philadelphia, where he was chief resident. Dr. Ogin is board certified in both Physical Medicine and Rehabilitation (American Board of Physical Medicine and Rehabilitation) and Pain Medicine (American Board of Pain Medicine).



He specializes in the diagnosis and treatment of patients with neuromusculoskeletal and orthopedic conditions. He performs electrodiagnostic studies, joint injections and nerve blocks, and interventional spine injections. Dr. Ogin has Level II Full Accreditation from the Colorado Division of Workers' Compensation. He is Medical Director of the Interventional Pain Center at Spalding Rehabilitation Hospital in Aurora, CO.

**Interests:** *skiing, hiking, running, biking, and spending time with family.*

**Scott J. Primack, D.O.** is a 1988 graduate of the University of Osteopathic Medicine and Health Sciences, with subsequent residency training in physical medicine and rehabilitation at the Rehabilitation Institute of Chicago. He received his board certification from the American Board of Physical Medicine and Rehabilitation and the American Board of Electrodiagnostic Medicine. The primary focus of Dr. Primack's practice is the diagnosis and treatment of patients with neuromusculoskeletal and orthopedic conditions. He performs

electrodiagnostic studies, diagnostic musculoskeletal ultrasound, interventional lumbar spine injections and osteopathic manipulation. Dr. Primack has Level II Full Accreditation from the Colorado Division of Workers' Compensation. He holds a Senior Clinical Instructor appointment with the Department of Preventive Medicine & Biometrics at University of Colorado Health Sciences Center. His primary research interest involves the design and implementation of functional outcome measures.

**Interests:** *biking, reading, running, medical research, and skiing.*

**Community involvement:** *Special Olympics Medical Director.*

**David L. Reinhard, M.D.** is a 1988 graduate of New York Medical College, with subsequent residency training at University of Pennsylvania Medical Center in physical medicine and rehabilitation. He completed fellowship training in brain injury rehabilitation at Moss



Rehabilitation Hospital in Philadelphia and received his board certification from the American Board of Physical Medicine and Rehabilitation. The primary focus of Dr. Reinhard's practice is outpatient treatment of patients with traumatic brain injury and neuromusculoskeletal and orthopedic conditions. He also performs electrodiagnostic studies, diagnostic nerve blocks and neurolytic

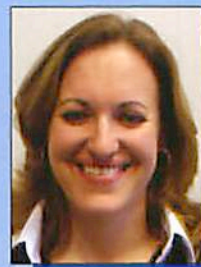


procedures with phenol and chemodenervation with Botulinum Toxin. Dr. Reinhard has Level II Full Accreditation from the Colorado Division of Workers' Compensation.

**Interests:** *running, skiing, music, cooking, biking, gardening, golfing, playing trombone, and marathon running.*

**Community involvement:** *coaching youth basketball and baseball teams.*

**Stephanie Rutz, MS, PA-C** is a 2007 graduate of the University of Colorado Health Sciences Center, Child Health Associate/Physician Assistant Program. She received her



Master of Science degree in the field of pediatric otolaryngology from the University of Colorado. She joined CROM in October, 2007 as the first physician's assistant in the practice.

The primary focus of Stephanie's practice is the follow-up and treatment of patients with acute, subacute and chronic pain due to neuromusculoskeletal and orthopedic conditions. Stephanie has been instrumental in the development and implementation of the Pain Management /Opioid Compliance Services. Stephanie has completed the Level II Accreditation course from the Colorado Division of Workers' Compensation.

**Interests:** *Cooking, skiing, ultimately any outdoor activity, and spending time with family and friends.*



**George V. Schakaraschwili, M.D.** is a 1995 graduate of UMDNJ-Robert Wood Johnson Medical School. He completed both a residency program in physical medicine and rehabilitation at Baylor College of Medicine in Houston and an electrodiagnostic fellowship program. He is board certified by the American Board of Physical Medicine and Rehabilitation and the American Board of Electrodiagnostic Medicine. Dr. Schakaraschwili's outpatient practice focuses on the diagnosis and treatment of patients with neuromusculoskeletal and orthopedic conditions. In addition, he performs electrodiagnostic studies and autonomic assessments for the diagnosis of reflex sympathetic dystrophy. He has Level II Full Accreditation from the Colorado Division of Workers' Compensation.



**Interests:** history, philosophy, photography, and tropical fish.  
**Community involvement:** animal welfare.

**Michael B. Tracy, D.O.** is a 2004 graduate of Western University of Health Sciences (WUHS) College of Osteopathic Medicine of the Pacific in Pomona, California. He completed a one year Osteopathic Manipulative Medicine pre-doctoral fellowship in California before completing his residency training in physical medicine and rehabilitation at the Rehabilitation Institute of Chicago (RIC), McGaw Medical Center/Northwestern University Feinberg School of Medicine.



Dr. Tracy is board certified in Physical Medicine and Rehabilitation and he has full Level II Accreditation from the Colorado Division of Workers' Compensation. Dr. Tracy is a member of the American Academy of Physical Medicine and Rehabilitation (AAPMR), the Association of Academic Physiatrists (AAP) and the American Osteopathic Association (AOA).

Dr. Tracy's outpatient practice includes the diagnosis and treatment of individuals with neuromusculoskeletal and orthopedic conditions. He performs electrodiagnostic tests, nerve conduction studies and interventional lumbar spine injections. Dr. Tracy also incorporates osteopathic manipulation into his treatment of individuals with musculoskeletal conditions.

**Interests:** traveling, playing guitar and spending time with family and friends.

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